



Dental Hygiene Podcasts

1. **A Tale of Two Hygienists**
Podcast dedicated to dental hygiene topics: practice tips, interviews, and industry news.
[A Tale of Two Hygienists](#)
2. **Your Official ADHA Podcast → now “Hygiene Rising”**
This is (or was) the American Dental Hygienists’ Association’s podcast. The show is being rebranded to *Hygiene Rising*. [LISTEN TO THE LATEST EPISODE](#)
3. **Today’s RDH Dental Hygiene Podcast**
For hygienists, students, and dental professionals who want regular, bite-sized education and updates. [Today's RDH](#)
4. **RDH Magazine Podcast**
A voice of RDH Magazine in audio form — interviews, industry trends, career topics.
[RDH Magazine](#)
5. **Hygiene Superstar Podcast**
A show that explores hygiene topics through clinical, practice, and public health lenses.
[Hygiene Superstar Podcast](#)
6. **Brush with Britt**
Run by “Britt,” focusing on advancing a dental hygiene career, interprofessional collaboration, and integration of oral–medical care. [Brush with Britt on Spotify](#)
7. **Tooth or Dare Podcast** [Listen Here](#)
8. **Dental Sound Bites (ADA)**
The ADA’s flagship podcast. While dentist-focused, there’s crossover value in topics like ethics, legal issues, leadership, practice management. [ADA](#)
9. **Dental Hygiene Basics Podcast.** [Listen Here](#)
10. **The Happy Flosser RDH Podcast for Dental Hygiene Students** [Listen Here](#)